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Neurological and Spine Surgeon  
972-238-0512

For All Patients

## PREOPERATIVE INSTRUCTIONS

Please be certain to bring your films with you to the hospital on the day of surgery. They must be available in order for surgery to be done. The absence of films will result in the postponement and rescheduling of your surgery. If you use a CPAP machine at home, please bring it with you for your hospital stay.

You should stop all medications containing aspirin and all non-steroidal anti-inflammatory medications and/or other blood thinning components at least one week prior to your scheduled surgery, unless otherwise instructed by your physician.

If you are taking herbal medications, please be sure to inform the medical staff. It is recommended that these treatments be discontinued two weeks prior to surgery. It has been shown that they may alter blood clotting, heart rate, the immune system, and the effects of anesthesia.

We are interested in the best possible surgical outcome for you. Please be sure to address any questions or concerns you may have regarding your medical care with us.

**DO NOT** eat, drink, smoke, chew, or swallow **ANYTHING** after midnight the night before surgery except as directed by the hospital.

After surgery, Dr. Dickerman will meet with your family in the surgical waiting room unless otherwise arranged. Please have a representative available in the waiting room to gather the family upon completion of surgery.

**Our office will call to schedule a follow-up appointment approximately two weeks from the date of your surgery.**

If you have any questions concerning your postoperative management that need to be answered before your scheduled appointment, please call the office or email us from the website [www.neurotexas.com](http://www.neurotexas.com)